

March 2018

# **CHRONICLE**

1510 M-28 East, Marquette, MI 49855 (906) 249-9450 ~ mqtuu.org

	Sundays in March
4	11am Service:
	STEWARDSHIP SUNDAY
11	11am Service:
	Soul Matters: Balance
	Service Leader: Anne Stark
18	11am Service:
	"Stoicism"
	Service Leader: gg gordon
25	11am Service:
	UU Justice Sunday Service Leader: gg gordon

Stewardship Sunday - March 4
Come one, Come all, Lunch will be provided!
Let's renew our commitment to sustaining MqtUU!



## Check us out on the web at mqtuu.org









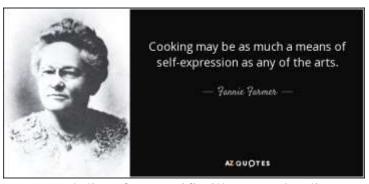
VOLUNTEERS are WELCOME and needed for continuing support of the MqtUU Congregation. If you are interested in utilizing your skills and talents in service of the MqtUU Community please email Heidi mqtuuadassist@gmail.com for more information! THANK YOU!



You are invited to share your thoughts, comments, favorite photos, favorite quotes, recipes, events, and articles of interest to your fellow UUs! What would you like to see in your monthly UU Newsletter? Email your submissions to Heidi at mqtuuadassist@gmail.com.

#### Remembering Fannie Farmer, a Unitarian Hero

By: Kathryn Campbell



Fannie Farmer was born 161 years ago March 23. Her "Boston Cooking-School Cook Book" introduced the concept of standardized measurements in recipes and included information on housekeeping, preservation of foods, and nutrition. She provided scientific explanations for the chemical processes that occur in food during cooking, and published

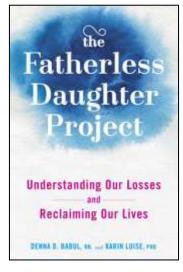
suggested diets for specific illnesses, leading to an invitation to teach convalescent diet and nutrition to doctors and nurses at Harvard Medical School.

At age 16, a paralytic stroke had forced Fannie to give up plans for college and remain in her parents' care. She learned to cook while recovering much of her physical function, and enrolled in the Boston Cooking School at the age of 30. Eventually, she created Miss Farmer's School of Cookery. Although wheelchair-bound in the last years of her life, Fannie Farmer continued to lecture, write, and invent recipes and gave her last lecture 10 days before her death in 1915 at the age of 57.

In 1919, the Fanny Farmer Candy Company traded on her fame but changed the spelling of "Fannie" to "Fanny." The company once had over 400 white-front candy shops nationwide, but went out of business in 2004. I really liked their maple fudge and almond bark when I was a kid.



Happy Birthday Fannie!



# Healing from Father Loss Book discussion & Healing Group Forming

If you identify as female and sometimes feel like your relationships—and life—are predicated by the loss (either physical or emotional) of your father, then let's talk, and enact healing in our lives.

Call or Text 906.362.2082

A **HUGE THANK YOU** to Sarah, Pat and Ruby, for creating a vision of warmth and beauty for our Room at the Inn Guests, by donating materials and time to making homemade, fleece blankets for our guests.



In RE for the month of March, we will be focusing on the Soul Matters topic of "What it means to be a people of BALANCE." The first Sunday, we'll revisit the beautiful Hindu tradition of Holi, The Festival of Colors. Our kids loved this so much last year, they asked for it again, this time with even more color to entice the colors of spring to return to us! We've invited the OWL kids to join in the fun, too.

The month with be broken into four sessions pertaining to balance:

Session 1=Balance & Justice (Lady Justice & Holi Festival)

Session 2=Balance, Science, and Math (Spirals in Nature, and Yes!!—There will be pie for pi day!)

Session 3~Balance & Seasons (Celebration of the Equinox AND St. Paddy)

Session 4~Balance of Life & Death (Palm Sunday we'll make some symbolic shapes)

Some of the activity highlights include MANY balancing acts (of body and mind), making mandalas as meditative projects to balance the spirit, balancing objects while blindfolded, discovering the spirals within nature and ourselves, and...um...pie!!

The next Religious Exploration Committee Meeting is at 5:30, March 15th, in the basement of the Peter White Library.

~ Jamie Kuehnl, Religious Exploration Coordinator

#### **UPDATE** on Renovation Project

On February 11th there was a congregational forum to receive a presentation of alternatives for renovations to the meeting house sanctuary and adjacent spaces. Architect Joy Cardillo of Studio RAD went through the four main design options for the layout of the sanctuary, its "separation" from the lobby and adjacent large community room, as well as some options and recommendations for upgrading flooring, lighting, visual and audio systems, and the entrance area. About a dozen participants attended the presentation, several asked questions for Ms. Cardillo to address, and most stayed for some discussion of the options presented. There was unanimous consent that the 1st option (layout #1 shown below), which uses the most traditional axial layout and floor plan was the preference of the four alternatives. It is the most similar to the current layout, and would mostly involve changing the floor levels and the rearmost wall of the west/staging end of the sanctuary in a way that provides more space on two platform levels with a step in between (for the floor) and a more symmetrical, curving, and interesting wall.

All the participants expressed support for a video monitor being placed on that "rear" wall in the area above the piano, which would remain approximately where it now resides. One suggestion for a variation on this design was to reverse the curves of the floor platforms so they are all curving towards the seating. A concern raised is the partition wall on the south side of the sanctuary would block the view between the audio control station and the "stage". Moving the audio station is likely to be difficult, so options will be explored for addressing that situation. The contract with the architects allows for up to three revisions of a selected layout/design alternative, and the next step is to proceed with revisions of the selected alternative.

At this point the Board of Trustees (BoT) is moving forward with a request to provide one design alternative to layout #1, to reverse the platform curves and to provide another partition option in front of the audio station. Cost options for flooring materials are being investigated as well, with the idea that carpeting on the platforms and outside of the seating area would be the best option, with a hard surface such as engineered hardwood or traditional linoleum best in the seating area. Minimal changes to lighting are likely, probably just changing the fixtures out to LED lamps, if anything is done to upgrade lighting. Further updates will be provided by the BoT as they become available. Any and all input to the process is encouraged. No decisions on funding improvements will be made before more study of the alternatives and costs is conducted and presented to the congregation at a scheduled forum, but the BoT will try to make a recommendation on the project before June.



#### FROM: Faith in Action

If you are concerned about some of the local, state, national, international and earth issues which face us today please join Faith in Action (your MqtUU social justice team) as we look at the year and prioritize some issues which we shall address through services, actions, letter-writing, articles, films, displays, share-the-plate, etc. We include our intersectionality with inspiring music, relevant children and youth RE, the Michigan UU Social Justice Network alerts, the UU Service Committee updates, and your ideas which can bring a breath of fresh air to our work.

#### March "Share the Plate" Recipient:



The inaugural **Anishinaabe Racial Justice Conference** will take place in the Keweenaw Bay Indian Community at the Niiwin Akeaa Recreational Facility on April 14th and 15th 2018.

"Healing Our Communities and Empowering Our People."
This conference will offer workshops, presentations, and coalition building on racial justice. Specifically focusing on racial justice in our Anishinaabe communities throughout the Great Lakes. Some of our topics will include: centering youth in racial justice, elder stories, decolonizing, anti-racism, mascots, and a strategy session for building a larger Anishinaabe led racial justice coalition.

#### **First Sunday Film**



#### From National Geographic...

#### The Hajj

Join the Hajj, the five-day pilgrimage to the high plains of Arafat outside Mecca, Saudi Arabia.

Join us after the Sunday service to watch and discuss the film.

If you've ever felt the calling to deliver a service, but have no idea of what to say or how to choose readings or music, we now have amazing help.

**Soul Matters** is a monthly subscription that offers content for small group discussion and worship resources. You'll get readings, music suggestions, sample sermons and access to a Facebook group to share ideas for each month's theme.



In May, we'll attend an orientation online, but you don't need to wait to see how the resources work. On March 11, I will lead a service on balance that I planned in a little more than an hour using the March *Soul Matters* packet.

I hope you'll join us for the March 11 service and see how easy it is to make a fantastic service with the information in the Soul Matters packets. For more information check out www.soulmatterssharingcircle.com.

~Anne Stark, Board of Trustees

#### March

Dr. Seuss – Dr. Seuss's Birthday is March 2nd.
 Read Across America Day is celebrated that day.

### Was Dr. Seuss a UU?

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#### STEWARDSHIP SUNDAY - March 4



What's the difference between a pledge and a contribution? A *pledge* is a signed commitment of sustained support throughout the year, around which the Fellowship builds its budget and programs. We depend upon your *pledges* for the continued health and well-being of our congregation. Your pledges ensure continued powerful ministries, inspiring worship, high-quality religious exploration programs for all ages, and equitable staff compensation. Your pledges also help us fulfill our commitments to social and environmental justice; caring for members, friends, and others in times of need; and healing the world. During the Annual Pledge Drive each spring, MqtUU

members are asked to pledge their financial support for this Fellowship to continue its good work.

On the other hand, a *contribution* is a gift that is appreciated and valued, but it is not something the congregation can count on into the future. We gratefully receive *contributions* to our general operating fund, building fund, endowment fund, or our monthly charity. Contributions may be mailed to MqtUU or put into the Sunday collection basket. Make your check payable to MqtUU and indicate if it is for the operating fund or another fund.

Daylight Savings Time Begins - Sunday, March 11



- St. Patrick's Day is March 17th.
- Spring begins on March 20.
- March is Women's History Month.

**Rev. Marti Keller, Minister, Unitarian Universalist Women's Federation:** "Challenging and preventing extreme inequality is a moral imperative for Unitarian Universalists as we affirm justice, equity and compassion in human relations. We are committed to working to change economic systems that perpetuate and worsen income and wealth inequality with a goal of life, dignity and wellbeing experienced by all."



#### **MqtUU March Calendar**

Sunday Services are listed on the front page and all other events scheduled are at the MqtUU Meeting House (unless otherwise noted).

March 3 @ 10am	1st March Meeting of the MqtUU Board of Trustees @ the Stark Residence,
Saturday	1036 Allouez R0ad, Marquette
March 4 @ 12:15pm	First Sunday Film - National Geographic Video: The Hajj
Sunday	
March 15 @ 5:30pm	Religious Exploration Committee Meeting @ Peter White Public Library
Thursday	
March 24@ 10am	2 <sup>nd</sup> March Meeting of the MqtUU Board of Trustees
Saturday	@ Conference Room, Peter White Public Library

#### **COMMUNITY EVENTS:**

The next MIF "First Friday" open forum will be on March 2 in the Shiras Room of the Peter White Public Library from 11:30 AM to 1:00 PM.



#### Our topic will be "What is the SELF?"

This started with the discussion of Trust, Charity and then Ownership. All of these topics disclosed in our conversations differing concepts of the self and how that brought obligations, trust, ownership, needs etc. into different perspectives. The existence of the "soul", afterlife, consciousness, personhood and so on are all wrapped up in many of our self-concepts and those of many religions and cultures. It should be an active discussion.

As always, I look forward to our conversation. ~ Aaron Scholnik



Dr. Nancy Langston, Michigan Technological University Friday, March 23, 12-1 p.m.

Jamrich, room 1320



Dr. Langston, professor of environmental history at Michigan Technological University will discuss her new book, Sustaining Lake Superior, and provide a compelling exploration of Lake Superior's conservation recovery and what it can teach us in the face of climate change.

#### 2018 Annual Spring Holistic Health Fair



Save the date for the 19th Annual Spring Holistic Health Fair, Saturday, March 24th from 10AM-4PM at the Masonic Center Ballroom, 3rd floor, in downtown Marquette!

Meet local Holistic Practioners and Vendors!

Massage Therapy; Chiropractic; Natural Foods; Life Coaching; Essential Oils; Yoga Therapy; Acupuncture; Astrology; Art & Handcrafted Gifts; Energy Healing and much more!

FREE ADMISSION; DOOR PRIZES; PRESENTATIONS; SAMPLE SESSIONS!

# Nick Estes (Kul Wicasa) RESISTANCE BEYOND PARTY POLITICS FROM STANDING ROCK, TO BLACK LIVES MATTER, TO PALESTINE



## Tuesday, March 20th, 6:30 pm

Alumni Lounge, Memorial Union Building, Michigan Tech

Nick Estes is a historian from the OcetiSakowin
(The Great Sioux Nation)
Co-founder of *The Red Nation*American Democracy Fellow, Harvard University

Sponsored by the Indigenous Peoples' Day Campaign, with The Center for Diversity and Inclusion, Social Sciences, SFRES, and Physics